

Contraceptive Guide for POSTABORTION CARE SERVICES

Pocket Reference for Clinicians

| Contraceptive Method | With Misoprostol Treatment* | With MVA Treatment** | Notes |
|--|---|--|---|
| Injectables | On the day of treatment | | Can be used even if infection is present |
| Oral contraceptives | On the day of treatment | | Can be used even if infection is present |
| Implants | On the day of treatment | | Can be used even if infection is present |
| Condoms | On the day of treatment | | An interim method for women who cannot decide on a contraceptive, or who cannot be offered their method of choice |
| Diaphragm | On the day of treatment | | Consider refitting, depending on gestational age |
| Contraceptive jellies, foams, tablets or films | On the day of treatment | | Can be used even if infection is present |
| Vaginal ring | On the day of treatment | | Can be used even if infection is present |
| Intrauterine device (IUD) | At follow-up visit after confirmation of successful termination | On the day of treatment, after ruling out infection and genital tract injury | IUD should not be used in the presence of active infection; provide condoms or other temporary methods until the follow-up visit. |
| Tubal ligation | At follow-up visit [^] | On the day of treatment | Provide condoms or other temporary methods until follow-up visit. |
| Emergency contraceptive pills | Anytime | | Provide emergency contraceptive pills in advance as a back-up method. |

*Misoprostol 400 mcg sublingual or 600 mcg oral, single dose with uterine size 13 weeks

**Manual vacuum aspiration with uterine size 14 weeks

[^]No study available to conclude a recommendation

