



# Contraceptive Guide for POSTABORTION CARE SERVICES

## Pocket Reference for Clinicians

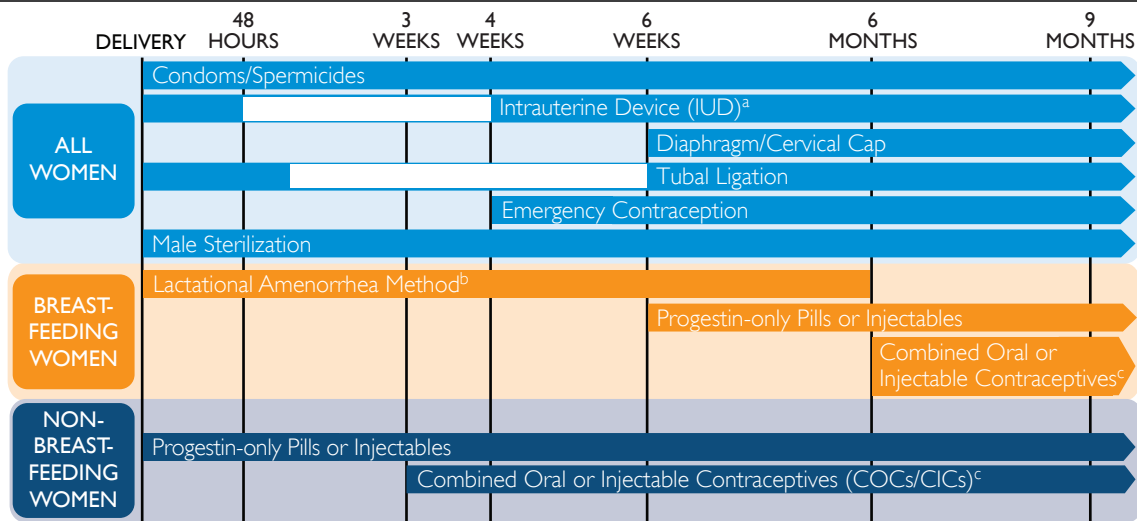
Contraceptive Method	With Misoprostol Treatment*	With Vacuum Aspiration Treatment	Notes
Injectables	On the day of treatment		Can be used even if infection is present
Oral contraceptives	On the day of treatment		Can be used even if infection is present
Implants	On the day of treatment		Can be used even if infection is present
Condoms	On the day of treatment		An interim method for women who cannot decide on a contraceptive, or who cannot be offered their method of choice
Diaphragm	On the day of treatment		Consider refitting, depending on gestational age
Contraceptive jellies, foams, tablets or films	On the day of treatment		Can be used even if infection is present
Vaginal ring	On the day of treatment		Can be used even if infection is present
Intrauterine device (IUD)	At follow-up visit after confirmation of successful treatment	On the day of treatment, after ruling out infection and genital tract injury	IUD should not be used in the presence of active infection; provide condoms or other temporary methods until the follow-up visit.
Tubal ligation	At follow-up visit	On the day of treatment	Provide condoms or other temporary methods until follow-up visit.
Emergency contraceptive pills	Anytime		Provide emergency contraceptive pills in advance as a back-up method.

\*Misoprostol 600 mcg oral, single dose with uterine size 13 weeks



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<sup>a</sup>If delivery is in a health care facility, IUD can be inserted immediately postpartum (within 48 hrs).

<sup>b</sup>Natural family planning (NFP) may be harder for breastfeeding women as reduced ovarian function makes fertility signs more difficult to interpret. As a result, NFP can require prolonged periods of abstinence during breastfeeding.

<sup>c</sup>During the first 6 months postpartum, COCs/CICs may affect the quantity of breastmilk and the healthy growth of the infant. However, if no other methods are available or acceptable, a woman may use COCs/CICs starting 6 weeks postpartum.

Adapted from: MAQ Exchange: Contraceptive Technology Update. Refer to the WHO Medical Eligibility Criteria for Contraceptive Use for further information.